

## Einstein on Mystery and God

*Einstein's view of Mystery and God aligns very much with my own. I certainly marvel in awe at the Mystery of the Cosmos, Life in all its forms, and Consciousness at all levels. The Mystery and God as Source are well beyond my capacity to grasp intellectually or, as yet, to experience adequately as a felt sense. I stand humbly before this reality as I gradually evolve toward this experience as a felt sense, as a deeper Knowing and as a higher state of Consciousness.*

*Though as he aged Einstein was shunned by many other scientists for holding such views – being seen as quaint and naïve even – he stood fast to his convictions, as if his convictions and experiences were coming from and grounded in a deeper intuitive Knowing that transcended intellectual knowing and, therefore, could not be adequately explained to others or even to himself in a strictly rational provable way. For Einstein, to experience intuitive Knowing was to experience ultimate Truth.*

Gary

**Quote from *The Universe and Dr. Einstein* by Lincoln Barnett (page 108-9)**

Cosmologists for the most part maintain silence on the question of ultimate origins, leaving that issue to the philosophers and theology. Yet only the purest empiricists among modern scientists turn their backs on the mystery that underlies physical reality. Einstein, whose philosophy of science has sometimes been criticized as materialistic, once said:

“The most beautiful and most profound emotion we can experience is the sensation of the mystical. It is the sower of all true science. He to whom this emotion is a stranger, who can no longer wonder and stand rapt in awe, is as good as dead. To know that what is impenetrable to us really exists, manifesting itself as the highest wisdom and the most radiant beauty which our dull faculties can comprehend only in their most primitive forms – this knowledge, this feeling is at the center of true religiousness.”

And on another occasion he declared, “The cosmic religious experience is the strongest and noblest mainspring of scientific research.” Most scientists, when referring to the mysteries of the universe, its vast forces, its origins, and its rationality and harmony, tend to avoid using the word God. Yet Einstein, who has been called an atheist, has no such inhibitions. “My religion,” he says, “consists of a humble admiration of the illimitable superior spirit who reveals himself in the slight details we are able to perceive with our frail and feeble minds. That deeply emotional conviction of the presence of a superior reasoning power, which is revealed in the incomprehensible universe, forms my idea of God.”